



Arboretum Primary School – Safeguarding Newsletter



Summer Holiday Edition 2026

Keeping Children Safe During the Summer Break

As we approach the summer holidays, we would like to wish all of our families a safe and enjoyable break. Whilst summer is a time for fun, relaxation, and making memories, it can also bring additional risks for children and young people.

At Arboretum Primary School, we recognize the importance of **Contextual Safeguarding** – understanding that children can experience harm outside of the home, including in their neighbourhoods, online, through peer groups, and within the wider community. This approach is particularly important within **Normanton and Derby**, where agencies continue to focus on risks such as child criminal exploitation, county lines activity, anti-social behaviour, online harm, and young people being influenced by unsafe adults or peers.



Water Safety

Sadly, every summer there are serious incidents involving children in rivers, lakes, canals, ponds, and reservoirs.

Remember:

- ✓ Never allow children to swim in unsupervised open water.
- ✓ Always supervise children around paddling pools, hot tubs and garden ponds.
- ✓ Ensure children wear buoyancy aids when participating in water sports.
- ✓ Teach children to:
 - Stop and think near water.
 - Never jump into unknown water.
 - Never enter water to try to rescue someone else.
 - Call 999 and ask for the Fire Service if someone is in difficulty.

Drowning can happen silently and in very shallow water. Even strong swimmers can get into trouble in open water.

Sun Safety & Heat Protection

Children can become unwell very quickly in hot weather.

Stay Safe in the Sun

- ✓ Use SPF 30+ sunscreen.
- ✓ Reapply regularly, especially after swimming.
- ✓ Encourage children to wear hats and lightweight clothing.
- ✓ Keep children hydrated with plenty of water.
- ✓ Avoid prolonged exposure to direct sunlight between 11am and 3pm.

Watch for Signs of Heat Exhaustion:

- Headaches
- Dizziness
- Nausea
- Excessive tiredness
- Confusion

Seek medical advice if symptoms worsen.



Online Safety During the Holidays

Many children spend significantly more time online during school holidays.

Talk to your child about:

- ✓ Who they are talking to online.
- ✓ Never sharing personal information.
- ✓ Safe gaming.
- ✓ Social media age restrictions.
- ✓ Reporting anything that makes them uncomfortable.

Be Aware Of:

- Online grooming
- Cyberbullying
- Inappropriate content
- Live streaming risks
- Online scams

Keep devices in shared family spaces where possible and maintain open conversations about online activity.



Road, Bike & E-Scooter Safety

During summer, children are often outdoors for longer periods.

Safety Reminders:

✓ Wear a helmet when cycling.

✓ Use pedestrian crossings where available.

✓ Stop, look, listen and think before crossing roads.

✓ Young children should hold an adult's hand near roads.

✓ Children under 16 must not ride privately-owned e-scooters on public roads or pavements.

Teach children to stay alert and avoid crossing roads whilst using phones or headphones.



Contextual Safeguarding in Normanton

Our local safeguarding partners continue to highlight concerns relating to:

Child Criminal Exploitation (CCE)

Children may be pressured or manipulated into carrying money, drugs or weapons for others.

County Lines

Criminal groups may target vulnerable young people and exploit them to transport drugs between cities and towns.

Anti-Social Behaviour

Large groups gathering during the summer can sometimes lead to risky behaviour or exposure to unsafe situations.

Unsafe Adults

Children should know:

- They never have to go anywhere with an adult they do not know.
- They should not accept gifts or money from strangers.
- They should always tell a trusted adult if something feels wrong.

Warning signs can include:

- New expensive items or money.
- Increased secrecy.
- Changes in friendship groups.
- Being absent from home for long periods.

Derby's safeguarding partnerships continue to identify exploitation, serious youth violence and extra-familial harm as key priorities for local children and young people.



Home Safety During the Holidays

Please Remember:

- ✓ Lock away medication.
 - ✓ Keep cleaning products out of reach.
 - ✓ Supervise BBQs and garden activities.
 - ✓ Check window safety, especially in upper-floor flats.
 - ✓ Keep younger children away from garden tools and chemicals.
 - ✓ Ensure children know what to do in an emergency and how to call 999.
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Emotional Wellbeing Matters

Summer can be exciting, but some children find changes in routine difficult.

Please:

- Talk together every day.
- Encourage children to share worries.
- Maintain normal sleep routines where possible.
- Balance screen time with physical activity.
- Seek support if your child seems unusually withdrawn, anxious, or upset.



Need Help?

If a child is in immediate danger, call 999.

If you have safeguarding concerns about a child during the holiday period, please contact:

Arboretum Primary School Safeguarding Team

- [Helen Phillips](#) – Designated Safeguarding Lead
- [Amanda Carvell](#) – Deputy Designated Safeguarding Lead
- [Lisa Kay](#) – Deputy Designated Safeguarding Lead
- [Sarah Ferguson](#) – Deputy Designated Safeguarding Lead
- [Helen Cavanagh](#) – Deputy Designated Safeguarding Lead
- [Roxana Darling](#) – Deputy Designated Safeguarding Lead

As highlighted in Arboretum's previous safeguarding communications, safeguarding remains everyone's responsibility and concerns should always be reported.

Wishing all of our families a happy, healthy and safe summer holiday from

everyone at Arboretum Primary School!



We wish our Year 6 Leavers lots of Luck as they leave us to continue their educational journeys in secondary school. I am sure you will make us proud!

We look forward to seeing everyone else on their return in September.

Author: [Amanda Carvell](#)

Pastoral Manager & Deputy Designated Safeguarding Lead