



Arboretum Primary School Menu – Autumn 1 Week 2

	Red Meal	Green meal	Sandwiches	Pudding
Monday	  Milk	  Cereals containing gluten	  Cereals containing gluten  Milk	  Cereals containing gluten
	Cottage pie (Milk, Soya)	Quorn dippers (Gluten [Wheat])	Cheese sandwiches (Gluten[Wheat], Milk)	Ginger biscuits (Gluten[Wheat])
	Sweetcorn	Roast Potatoes		
	Sweetcorn	Sweetcorn		
Tuesday	  Cereals containing gluten  Mustard  Soya	  Milk	  Cereals containing gluten  Milk	  Cereals containing gluten  Eggs
	Chicken couscous (Gluten [Wheat], may contain Mustard, Soya)	Jacket potato	Cheese sandwiches (Gluten[Wheat], Milk)	Chocolate fruit sponge cake (Gluten[Wheat], Eggs)
	Sweetcorn	Cheese (Milk)		
	Sweetcorn	Baked beans		
Wednesday	  Cereals containing gluten	  Cereals containing gluten  Milk	  Cereals containing gluten  Milk	  Cereals containing gluten  Milk  Eggs
	Sausage casserole (Gluten [Wheat], Soya)	Leek and potato pie (Gluten [Wheat], Milk)	Cheese sandwiches (Gluten[Wheat], Milk)	Jam and peach sponge (Gluten[Wheat], Eggs)
	Mixed vegetables	Mixed vegetables		Custard (Milk)
Thursday	  Cereals containing gluten  Sesame seeds  Sulphur Dioxide  Soya	  Cereals containing gluten  Milk	  Cereals containing gluten  Milk	  Cereals containing gluten
	Lamb burger (Gluten [Wheat], Soya, Sulphites)	Vegan sausage roll (Gluten [Wheat & Barley], Soya, may contain Milk)	Cheese sandwiches (Gluten[Wheat], Milk)	Fruit flapjack (Gluten[Oats], may contain Barley, Wheat)
	Burger bun (Gluten[Wheat], may contain sesame)			
	Potato wedges	Potato wedges		
Friday Fruity Friday	  Milk  Fish  Cereals containing gluten	  Milk  Cereals containing gluten	  Cereals containing gluten  Milk	
	Salmon fish pie (Fish, Gluten [Wheat], Milk)	Quorn sausage (Gluten [Wheat])	Cheese sandwiches (Gluten[Wheat], Milk)	Fresh Fruit Salad
	Peas	Mashed potato (Milk)		
	Peas	Peas		

Every day there is a fresh salad bar and wholemeal bread (Gluten[Wheat]), to accompany main meals.

NB. The allergens shown are correct at the time of publishing but may change if suppliers change their ingredients. Please contact the school for the most up-to-date allergen information.

If your child has an allergy, please notify the school, so that we can ensure any food they are given is safe for them to eat

Arboretum Primary School Menu – Autumn 1 Week 2

Key:

 Celery ☐	 Cereals containing gluten ☐	 Crustaceans ☐	 Eggs ☐	 Fish ☐
 Lupin ☐	 Milk ☐	 Mollusc ☐	 Mustard ☐	 Nuts ☐
 Peanuts ☐	 Sesame seeds ☐	 Soya ☐	 Sulphur Dioxide ☐	TICK THE ALLERGENS WHICH ARE IN THE DISH ☒

Please note: Food images are for guidance and servings may vary slightly.