



Arboretum Primary School Menu – Autumn 1 Week 3

	Red Meal	Green meal	Sandwiches	Pudding
Monday	  	  	  	  
	Lamb curry	Vegetable Pasty (Gluten [Wheat], may contain Milk)	Cheese sandwiches (Gluten[Wheat], Milk)	Homemade fruity yoghurt (Milk, Soya)
	Rice	Sliced Potatoes		
	Naan bread (Gluten[Wheat])	Cauliflower		
Tuesday	  	 	  	
	Chicken nuggets (Gluten [Wheat])	Vegetable nuggets (Gluten [Wheat])	Cheese sandwiches (Gluten[Wheat], Milk)	Orange Jelly
	Potato croquettes (Milk)	Potato croquette (Milk)		
	Mixed vegetables	Mixed vegetables		
Wednesday	   	 	  	 
	Chicken pasta (Gluten [Wheat], may contain Mustard, Soya)	Quorn fajita wraps (Gluten [Wheat])	Cheese sandwiches (Gluten[Wheat], Milk)	Strawberry mousse (Milk)
	Mixed vegetables	Rice		
		Mixed vegetables		
Thursday	    	   	  	  
	Spaghetti and Meatballs (Gluten [Wheat], Soya, may contain Mustard)	Cheese and onion quiche (Gluten [Wheat], Milk, Egg)	Cheese sandwiches (Gluten[Wheat], Milk)	Peach crumble (Gluten [Oats], may contain Barley, Wheat)
	Garlic bread (Gluten[Wheat], may contain Milk, Soya)	Diced potatoes		Custard (Milk)
		Fresh salad		
Friday Fruity Friday	  	 	  	
	Fish fingers (Fish, Gluten [Wheat])	Quorn dippers (Gluten [Wheat])	Cheese sandwiches (Gluten[Wheat], Milk)	Fresh Fruit Salad
	Chips	Chips		
	Baked beans	Baked beans		

Every day there is a fresh salad bar and wholemeal bread to accompany main meals.

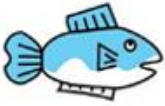
NB. The allergens shown are correct at the time of publishing but may change if suppliers change their ingredients. Please contact the school for the most up-to-date allergen information.

If your child has an allergy, please notify the school, so that we can ensure any food they are given is safe for them to eat



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Key:

 Celery ☐	 Cereals containing gluten ☐	 Crustaceans ☐	 Eggs ☐	 Fish ☐
 Lupin ☐	 Milk ☐	 Mollusc ☐	 Mustard ☐	 Nuts ☐
 Peanuts ☐	 Sesame seeds ☐	 Soya ☐	 Sulphur Dioxide ☐	TICK THE ALLERGENS WHICH ARE IN THE DISH ☒

Please note: Food images are for guidance and servings may vary slightly.